DIRECTIONS

FROM 1-465

Take I-465 to Indy's Eastside. Exit on Brookville Road. Turn Right (East) onto Brookville Road. Go to Franklin Road (first major intersection) and turn Right (South). Go to the Stop Sign. Turn Left onto Raymond Street. Indy Island is on the right (South) side of the road just past Raymond Park Village housing addition. We are located at the rear of Raymond Park Middle School.

FROM 1-70

From I-70, exit at Post Road. Head South on Post Road to Raymond Street. At the Raymond Street stop sign, turn Right (West). Enter in the last entrance for Raymond Park Middle School / Liberty Park Elementary / Indy Island Aquatic Center. It is on the South side of the street.

FROM 1-74

From I-74, exit at Post Road. Head North on Post Road to first Stop Sign. Turn Left (West) onto Raymond Street. Enter in the last entrance for Raymond Park Middle School / Liberty Park Elementary / Indy Island Aquatic Center. It is on the South side of the street.

RAYMOND PARK AND INDY ISLAND AQUATIC CENTER

8575 E. RAYMOND STREET INDIANAPOLIS, IN 46239

PHONE:(317)862-6876 FAX: (317)862-6860 WWW.INDYPARKS.ORG



Raymond Park/Indy Island Aquatic Center Aquatic Spring 2010 Winter & Spring Program Guide

Registration Begins December 11, 2009 at 12:00pm



This Guide Includes:

- Hours and Pricing
- Birthday Party and Private Rental Information
- Program Information for programs such as: tumbling, dance classes, swim lessons, swim team, holiday programs, and much more!

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Sahm Park

6801 E 91st Street 915-0336

Sahm Park is located on the northeast side of Indianapolis. Not only does it boast a 400,00 gallon pool, but it also includes many other amenities. These include: a playground, corporate pavilion, picnic shelter, tennis courts, sand volleyball court, basketball courts, soccer fields, a golf course, and many other things to keep you busy. Call and book your rental or group today!



Indy Island Wish List

We are always striving to make Raymond Park/Indy Island a better facility for the local and surrounding communities. But as you know it is difficult with an increasingly tight budget. Maybe you have an extra basketball lying around or would like to donate a new picnic table to our facility. Indy Island is always looking for new amenities to help improve the facility and better serve the surrounding community. Below is our facility wish list. If you can help us out in any way please contact Peter Bolden or JR Fiete at 862-6876. Let's work together and help each other!

- Washer/Dryer
- Sponsor a 40" television
- TV wall bracket
- Sports Equipment
- Tables/Chairs
- Water Volleyball/Basketball Equipment
- Sandbox
- Craft Supplies
- Swimming kickboards & fins (all sizes)
- Office Supplies
- Anything else you think that will benefit the facility.

OTHER EASTSIDE PARKS & PROGRAMS

Looking for some different activities for you or your children? Try going to one of the other east side parks. How about Ice Skating Lessons, Pet CPR & First Aid or a Hayride? Check out these parks and programs being offered at nearby Indy Park's locations.

Ellenberger Park is located about 6 miles northwest of us in Irvington and Southeastway Park is located about 7 miles southeast of us. Post Road Community Center and Banquet Facility is just south of Brookville Road on Post. Have a dog? How about a visit to the Bark Park at Paul Ruster Park? Indy Parks and Recreation also has 2 Golf Courses located in Warren Township.



Try out all that Indy Parks has to offer in Warren Township and the far southeast side of Indianapolis. You can call a specific park for more information or try 327-PARK (7275) and our great customer service representatives can help you plan your next Park Outing.

www.indypark.org

Post Road Community Park & Banquet Hall

1313 S. Post Road 327-0143

Located between E. Washington Street and Brookville Road, this 40 acre park is surrounded by beautiful, mature trees. The park has a meeting/event facility that has four different rooms to accommodate events of every size. There is also a picnic shelter available for reservations, a playground, basketball courts and a sand volleyball court.

Schedule your next family reunion, meeting or event (big or small) at Post Road Community Park.

Southeastway Park

5624 S. Carroll Road 861-5167

Southeastway Park offers a wide variety of educational programs for school, scout and youth groups. Many of these programs match state standards or meet badge requirements. Some of the highlighted programs for the Fall include: Outdoor living skills, Birdwatching, Habitats, Sensory Adventures, Tree I.D. and more. Contact the park office at 861-5167 for more details.

INDY ISLAND AQUATIC CENTER

OPEN SWIM INFORMATION

School Year (Jan. 4th - May 28th)

Wed/Fri 4pm-8pm Sat/Sun - 12pm-5pm Closed: 1/18, 2/15, 4/2, 4/4, 5/4, 5/25

Spring Break (March 29-April 1st)

Mon-Thurs 12pm-5pm ********

ADMISSIONS:

Admission	Weekday (M-F)	Weekend (Sa-Sun)
Adults (18-54)	\$5.00	\$6.00
Youth(3-17) &	\$4.00	\$5.00
Seniors(55+)		

- We also sell Gator Passes for \$20 or \$80 that give you an additional 20% off. Can't be used with other discounts.
- We do not allow outside food or drink into the building.
- Groups of 15 more will receive a 10% discount
- All patrons entering the Aquatic Facility must pay the admission charge.



Birthday Parties

Prices & General Information

Birthday parties must be reserved AT LEAST 2 WEEKS in advance. Full payment is due at the time of reservation. No other food besides cake or ice cream is allowed. Please remember to bring a knife to cut your cake. Dates are filling up fast so don't wait.

We require AT LEAST 48 HOURS notice to add guest to your party. Payment will be due at that time. Any last minute guest will not be counted in your group. They will be treated as a normal patron and have to wait their turn to pay before entering. We allow up to 20 people total per party.

Fun Factory 2.0

Join in the FUN! Everyone has a good time with Ms. Margie. You will create mini artistic masterpieces, play games and make take-home goodies. If your curiosity is piqued, sign up now. Be ready to get creative, maybe a little messy and make some new friends. Parents be ready to join in the fun Ages 2-5 years \$40 8 Classes

1/7-2/25 Thu 10:15AM #: 146409 4/8-5/27 Thu 10:15AM 11:15AM #: 146410



Shamrock of a Good Time

Come out to Indy Island and find the Pot of Gold. We will decorate cookies Shamrock green, make a St. Patrick's Day craft, and take a dip in the pool. Parents be ready to join in the adventure.

Ages 2-5 years



3/11 Thurs \$8.00 10:00AM- 11:30AM



A Walk in the Woods

Come enjoy the beautiful surrounding of Raymond Park! We'll elevate your heart rate, burn a few calories, and make new friends! We'll meet in the lobby of Indy Island and work our way into the woods. Get ready for a .75 mile stroll. Be sure to wear your supportive, comfortable shoes! No class when it rains.

Ages 16+. 4 weeks. FREE

4/13-5/4 Thu 9:30AM-10:00AM # 146413

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RAYMOND PARK AND INDY ISLAND AQUATIC CENTER

Tumbling for Preschoolers

This class is geared toward pre-school age tumblers. They will be working on building coordination and developing gross motor skills, while learning basic tumbling moves. Skills include: forward and backward rolls, cartwheels, handstands and much more. Ages 3-4 years No class 1/18

110 01033 1/ 1	LO				
1/4-2/1	Mon	5:15PM- 5:45PM	#: 146383	4 Classes	\$22.00
1/4-2/1	Mon	5:45PM-6:15PM	#: 146384	4 Classes	\$22.00
1/7-2/4	Thu	5:45PM-6:15PM	#: 146385	5 Classes	\$27.50
1/7-2/4	Thu	6:15PM-6:45PM	#: 146386	5 Classes	\$27.50
3/1-3/22	Mon	5:15PM- 5:45PM	#: 146387	5 Classes	\$22.00
3/1-3/22	Mon	5:45PM-6:15PM	#: 146388	5 Classes	\$22.00
2/25-3/25	Thu	5:45PM-6:15PM	#: 146389	5 Classes	\$27.50
2/25-3/25	Thu	6:15PM-6:45PM	#: 146390	5 Classes	\$27.50
4/12-5/17	Mon	5:15PM- 5:45PM	#: 146391	6 Classes	\$33.00
4/12-5/17	Mon	5:45PM-6:15PM	#: 146392	6 Classes	\$33.00
4/15-5/20	Thu	5:45PM-6:15PM	#: 146393	6 Classes	\$33.00
4/15-5/20	Thu	6:15PM-6:45PM	#: 146394	6 Classes	\$33.00

Tumbling Basics 5-6 Years Old

This class is for early elementary-aged tumblers. They will be working on building coordination and developing gross motor skills, while learning basic to intermediate tumbling moves. Skills include: forward and backward rolls, cartwheels, and handsprings. No Class 1/18

1/4-2/1	Mon	6:15PM-7:00PM	#: 146395	4 Classes	\$22.00
<u>1/7-2/4</u>	Thu	6:45PM- 7:30PM	#: 146396	5 Classes	\$27.50
3/1-3/22	Mon	6:15PM- 7:00PM	#: 146397	4 Classes	\$22.00
2/25-3/25	Thu	6:45PM- 7:30PM	#: 146398	5 Classes	\$27.50
4/12-5/17	Mon	6:15PM- 7:00PM	#: 146399	6 Classes	\$33.00
4/15-5/20	Thu	6:45PM- 7:30PM	#: 146400	6 Classes	\$33.00

Tumbling for Youth—Intermediate

This class is geared for participants that already know the basic tumbling moves. Equipment may be used to help with balance and coordination. Ages 7-9. No Class 1/18

1/4-2/1	Mon	7:00PM- 7:45PM	#: 146402	4 Classes	\$22.00
3/1-3/22	Mon	7:00PM- 7:45PM	#: 146403	4 Classes	\$22.00
4/12-5/17	Mon	7:00PM_ 7:45PM	# 146404	6 Classes	\$33.00

Prices & General Information

Package One: 8 youth and 2 adults pool admission, with a reserved birthday table for fifty-five minutes. We provide 10 juice drinks, plates, napkins, forks, and a tablecloth. You provide the cake. We allow a total of 20 people per party.

Package Two: 8 youth and 2 adults pool admission, with a reserved birthday table for fifty-five minutes. We provide 10 hot dogs, chips, juice drinks, plates, napkins, forks, and a tablecloth. You provide the cake. We allow a total of 20 people per party.

*Wednesday parties will not be available during the summer so book yours today.

Birthday Party Packages	Wednesday	Weekend
Package #1	\$60	\$70
Additional Youth	\$4.25	\$5.25
Additional Adult	\$5.25	\$6.00
Package #2	\$80	\$90
Additional Youth	\$5.25	\$6.25
Additional Adult	\$6.26	\$7.25

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PRIVATE RENTALS

Indy Island is available for private rentals. We love hosting Big Birthday Parties, Corporate Outings, Family functions, Church events, Scouts, or team parties. We prefer rentals to be on Saturday or Sunday after 5:30pm. Please call 862 -6876 to schedule your special event.

Rental Information:

- The rental price is \$500 for 2 hours (minimum of 2 hours). Every additional hour is \$250.
- Maximum of 250 people
- We allow pitch-ins, approved caterers, or the concession stand will stay open for a \$50.00 minimum of food purchased
- All regular pool rules apply.



SHELTER RENTALS

Indy Island has an outdoor shelter available for rentals. This is the perfect place for that family reunion, church function, or any other outdoor gathering. Schedule your rental on a day when the pool is open and come on in and swim (pool admission is not included).

- The rental price is \$100 for the whole day.
- The shelter fits approximately 60 people.
- Includes a charcoal grill (You supply the charcoal)

Think Green!

Recycling at Indy Island

- We use over 80,000,000,000 aluminum pop cans every year.
- An aluminum can that is thrown away will still be a can 500 years from now.
- Each of us uses approximately one 100foot-tall Douglas fir tree in paper and wood products per year.



- If every American household recycled just one out of every ten HDPE bottles they used, we'd keep 200 million pounds of the plastic out of landfills every year.
- Recycling 1 ton of paper saves 17 mature trees, 7,000 gallons of water, 3 cubic yards of landfill space, 2 barrels of oil, and 4,100 kilowatt-hours of electricity — enough energy to power the average American home for five months.

Looking to make a difference in your community and world? Indy Island now has a recycling bin in our parking lot. We accept glass, #1 & #2 plastics, aluminum, tin, and steel beverage and food cans, paper, newspapers and magazines.

But *please*, do not leave recyclables in plastic bags. Plastic bags contaminate the load and make it difficult for

the people at the recycling facility to do their jobs. Empty your plastic bags and put them in the trash.

For more Indianapolis recycling information please visit www.indygov.org and click on Recycle Indianapolis



INDY IN-MOTION AND BALLET CLASSES

Indy In Motion

Marion County Heath Department, Indy Parks & Recreation and the NIFS sponsor these FREE fitness classes. A NIFS instructor will be here waiting for you to get into the fitness frame of mind. Come join in on the fitness fun! On-going except on holidays. Ages 16+ Free. Closed all Holidays



Pilates and Yoga

Mon/Wed 3:15PM-4:15PM

Strength and Aerobics

Tue/Thu 5:30PM-6:30PM

Ballet 3-4

Our ballet/dance class will teach students the five basic positions of ballet and their terminology. We will be accomplishing a single routine by the end of the class.



	6 Classes (No Class 2/15)			
1/25-3/8	Mon	4:30PM-5:00PM	#: 146588	\$30.00
1/25-3/8	Mon	5:00PM-5:30PM	#: 146590	\$30.00
		8 Classes		
3/22-5/10	Mon	4:30PM-5:00PM	#: 146589	\$40.00
3/22-5/10	Mon	5:00PM-5:30PM	#: 146591	\$40.00



Ballet, Tap, & Jazz Combo

We will be educating your child in the art of rhythm and basic tumbling. If your child gets easily bored and wants to be challenged or isn't sure what area of movement art they are interested in.....check out this class!

1/25-3/8	Mon	5:30PM-6:00PM	#: 146592	\$30.00
		8 Classes		
3/22-5/10	Mon	5:30PM-6:00PM	#: 146593	\$40.00



Indy Parks and Recreation Aquatic Policies

- Indy Island is a family facility: No inappropriate behavior, language or swimwear. No undergarments or street clothes. Shoes are NOT allowed on the pool deck.
- <u>Children under the age of 9 years MUST be accompanied</u> in the water at all times by a paying adult.
- No refunds or rain checks will be issued.
- All children not potty trained must wear a swim diaper and/ or rubber pants with tight fitted elastic around legs and waist.
- You must be at least 48" tall to ride the big slide.
- No outside food, drinks, gum, coolers or glass items may be brought into the facility.
- Indy Parks and Recreations reserves the right to limit admissions or close at any time.
- For a complete list of rules, please ask a cashier.

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Parent Tot Water Adjustment

Parents will learn progressive skills to help tots feel comfortable and secure in the water. Topics and skills include: water exploration and games, blowing bubbles, kicking and water safety awareness. All young swimmers will receive a colorful progress card noting skill achievements upon completion. We require all young students not toilet trained to wear a swim diaper or plastic pant over diaper with elastic leg fittings. Age 6-36 months 8 Classes \$34

1/16-3/6	Sat	9:45AM- 10:15AM	#: 145591
1/19-2/11	T/Th	5:35PM- 6:05PM	#: 145585
2/23-3/18	T/Th	5:35PM- 6:05PM	#: 145586
3/20-5/8	Sat	9:45AM - 10:15AM	#: 145592
4/6-4/29	T/Th	5:35PM - 6:05PM	#: 145587

Preschool Water Adjustment

Children will enjoy learning introductory and progressive swimming skills in small groups using games and interactive play. Topics and skills include: putting

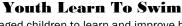
face in water, blowing bubbles, beginner strokes, front and back floats and water safety awareness. All young swimmers will receive a progress card noting skill achievements upon completion. Ages 3-5 years. 8 classes \$34 No Class 2/15

J.G. G. Z.			
1/16-3/6	Sat	9:45AM- 10:15AM	#: 145736
1/19-2/11	T/Th	4:55PM- 5:25PM	#: 145733
1/19-2/11	T/Th	5:35PM- 6:05PM	#: 145734
1/19-2/11	T/Th	6:15PM- 6:45PM	#: 145735
1/20-2/17	M/W	12:00PM- 12:30PM	#: 146133
2/23-3/18	T/Th	4:55PM- 5:25PM	#: 145737
2/23-3/18	T/Th	5:35PM- 6:05PM	#: 145738
2/23-3/18	T/Th	6:15PM- 6:45PM	#: 145739
3/20-5/8	Sat	9:45AM- 10:15AM	#: 145743
4/5-4/28	M/W	12:00PM- 12:30PM	#: 146134
4/6-4/29	T/Th	4:55PM- 5:25PM	#: 145740
4/6-4/29	T/Th	5:35PM- 6:05PM	#: 145741
4/6-4/29	T/Th	6:15PM- 6:45PM	#: 145742

Lap Swimming - Ages 16 and up. \$3.00

Are you trying to stay in shape or just want to practice that backstroke? Indy Island has lanes available for lap swimming during public swim hours 4-8PM on Wed. and Fri. We will also have at least one lane available Tues. and Thurs. from 5PM-6PM, during

swim lessons.



Designed for school-aged children to learn and improve basic swimming skills. Students are evaluated in the first class and placed in the group best suited to their skill and water adjustment level. Progressive swim skills include: front and back floats and glides, flutter kick, rhythmic breathing and front crawl. Water safety skills and awareness are stressed and practiced. All students will receive a progress card noting skill achievements at the end of each session. Ages 6-14 years. 8 classes \$51

1/16-3/6	Sat	10:30AM- 11:15AM	#: 145635
1/19-2/11	T/Th	4:40PM - 6:25PM	#: 145633
1/19-2/11	T/Th	6:15PM-7:00PM	#: 145634
2/23-3/18	T/Th	4:40PM - 5:25PM	#: 145636
2/23-3/18	T/Th	6:15PM-7:00PM	#: 145637
3/20-5/8	Sat	10:30AM- 11:15AM	#: 145640
4/6-4/29	T/Th	4:40PM - 5:25PM	#: 145638
4/6-4/29	T/Th	6:15PM-7:00PM	#: 145639



Swim Team Year Round

Take your swimmer to the next level and join the Indy Island Swim Team! Once your swimmer can complete 25 yards of freestyle, let us help build their endurance, self-esteem, coordination and self-discipline. Our swim team program is focused on fun and sportsmanship, teambuilding

and setting personal goals. Three meets will be held—on one Saturday in each month: February, March and April.

Ages 6-16 \$50.00/\$35.00(Second Child) No Class 3/30,4/1, 5/4

1/12-4/8 Tue, Thu 6:00PM-7:00PM #: 145583

Water Aerobics

Aerobics in the water is a fun way to get a great workout. It will increase your heart rate and leave you feeling great. We offer high, medium and low inten-

sity exercises during all classes. The water lowers stress on joints and helps support the body. All classes are drop in. Ages 16+ \$3 per class. Ongoing 1/5-5/27 *No class on 3/30, 4/1

Tue, Thu 7PM-8PM

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